

UKNA Meeting List



Helpline - 0300 999 1212

Website - www.ukna.org

Open to addicts only meetings are for addicts only & those who suspect they have a problem.

"Open to all" meetings welcome everyone addicts or non addicts.

"Open to all" on request meetings allow non addicts to turn up early & ask if it's okay to sit in.

Meeting Formats

Audio Only - AO	PI - Pitch/Electric Share
Beginner/Newcomer - BEG	PW - Pets Welcome
Book Study - BK	QA - Questions & Answers
Basic Text - BT	RA - Restricted Access
Candlelight - CAN	SH - Share meeting
12 Concepts - CPT	SMOK - Smoking
Creche - CR	SPAD - Spiritual Principle A Day
Chit - CT	SPK - Speaker
Children Welcome - CW	STEP - Step
Discussion/Participation - DISC	SWG - Step Working Guide Study
LGBT+ - GL	TA - Transcript Available
Illness - IL	Ti - Timer
IP Study - IP	TOP - Topic
It Works Study - IW	TRAD - Tradition
Just For Today Book Study - JFT	VAR - Format Varies
Living Clean Study - LC	VO - Video Optional
Literature Study - LIT	VR - Video Required
Men - M	VU - Venue unavailable on public holidays
Meditation - MED	W - Women
No children - NC	WA - Wheelchair Accessible
No pets - NP	Y - Young People
Parking Available - PA	

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Sunday

Sunday 10:00 ~ 11:30	Men's Meeting , Our Lady of Lourdes, Bransbury Road, Eastney, PORTSMOUTH, Hampshire, PO4 9JY	Physical, Open to addicts only, M, VAR
Sunday 10:30 ~ 11:30	Miracles Happen , Havelock community centre, 324 Fawcett Road, Southsea, PORTSMOUTH, Hampshire, PO4 0LG	Physical, "Open to all" on request, CW, LIT, SPK, W, PA, WA
Sunday 15:00 ~ 16:30	Cultural Vibes , Upstairs Room, Eastney Methodist Church, Highland Road, Southsea, PORTSMOUTH, Hampshire, PO4 9NH, Zoom https://meetings.ukna.org/meeting/cultural-vibes/link	Hybrid, "Open to all" on request, SPK, BK, WA, VR
Sunday 19:00 ~ 20:15	Serenity Sunday , North End Baptist Church, 195 Powerscourt Road, PORTSMOUTH, Hampshire, PO2 7JH	Physical, "Open to all", CW, VAR, CT

Monday

Monday 19:00 ~ 20:00	Isle of Wight - Ryde , Back meeting room (side entrance), Elim Pentecostal Church, 48 Albert Street, RYDE, Isle of Wight, PO33 2SB	Physical, "Open to all" on request, BEG, BT, STEP, BK
Monday 19:30 ~ 20:30	Leigh Park Just For Today , Bank Space, 43 Greywell Precinct, Park Parade, LEIGH PARK, Hampshire, PO9 5AH	Physical, "Open to all", BEG, CW, VAR, SH, PA
Monday 19:30 ~ 20:30	Magic Mondays Just For Today Group , The Church of the Holy Spirit Southsea, Heyward Road, SOUTHSEA, Hampshire, PO4 0DY	Physical, Open to addicts only, CAN, JFT, NP

Tuesday

Tuesday 12:15 ~ 13:15	Just for today , Back room, Cosham Community Centre, Wootton Street, Cosham, PORTSMOUTH, Hampshire, PO6 3AP	Physical, "Open to all" on request, BEG, BT, CW, JFT, VAR, PA, PW, SPAD, WA
Tuesday 19:30 ~ 21:00	Hope In Recovery , Back Downstairs Room, Gateway Church Fareham, The King's Centre, 171-173 West Street, FAREHAM, Hampshire, PO16 0EF	Physical, "Open to all", BEG, SPK, NP, SH, PA, WA

Tuesday

Tuesday 19:30 ~ 21:00	Newcomers Meeting , Room 3, Somerstown Central Community Centre, Rivers Street, SOUTHSEA, Hampshire, PO5 4EY	Physical, Open to addicts only, BEG, SPK, NP, VU, SH, NC, WA
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Wednesday

Wednesday 19:00 ~ 20:00	Newcomers , Room 5, Havant United Reform Church, 37 North Street, HAVANT, Hampshire, PO9 1PP	Physical, "Open to all", BEG, CT
Wednesday 19:30 ~ 21:00	Experience, Strength & Hope , The Cathedral Centre, Edinburgh Road, PORTSMOUTH, Hampshire, PO1 3HQ	Physical, "Open to all" on request, BEG, CW, SPK

Thursday

Thursday 10:00 ~ 11:30	Wecock Warriors , The Tea Pot, Wecock Church, Kite Close, WATERLOOVILLE, Hampshire, PO8 9UJ	Physical, Open to addicts only, BEG, W
Thursday 18:00 ~ 19:15	Recovery is Possible , Henry Cook Centre, South Street, GOSPORT, Hampshire, PO12 1ES	Physical, "Open to all" on request, SPK, VAR, SH, PA
Thursday 19:00 ~ 20:00	Waterlooville , Wecock Farm Church, Wecock Farm Church, Kite Close, WECOCK, Hampshire, PO8 9UJ	Physical, "Open to all", BEG, SH, PA, PW
Thursday 19:00 ~ 20:30	Thank God It's Thursday , Downstairs Room, Havelock Community Centre, 324 Fawcett Road, Southsea, PORTSMOUTH, Hampshire, PO4 0LQ	Physical, "Open to all" on request, BEG, QA, SPK, VAR

Friday

Friday 19:30 ~ 20:30	Back To Life , St Luke's Church, Greetham Street, PORTSMOUTH, Hampshire, PO5 4LH	Physical, "Open to all", VAR, CT, WA
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Saturday

Saturday 14:00 ~ 15:00	Recovery Saturdays , Charles Dickens Centre, Lake Road, Southsea, PORTSMOUTH, Hampshire, PO1 4DY	Physical, "Open to all" on request, CW, SPK, NP, VU, SH, WA
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Saturday

Saturday 18:00 ~ 19:00	WaterlooVille , Main Hall, Westbrook Community Centre, Tempest Avenue, WATERLOOVILLE, Hampshire, PO7 8NU	Physical, "Open to all", VAR, NP, WA
Saturday 20:30 ~ 21:30	Saturday Step Working Guide Meeting , Lower rooms, Havelock Community Centre, Fawcett Road, SOUTHSEA, Hampshire, PO4 0LQ	Physical, "Open to all" on request, SWG, PA, WA