

# UKNA Meeting List



Helpline - 0300 999 1212

Website - [www.ukna.org](http://www.ukna.org)

**Open to addicts only** meetings are for addicts only & those who suspect they have a problem.

**"Open to all"** meetings welcome everyone addicts or non addicts.

**"Open to all" on request** meetings allow non addicts to turn up early & ask if it's okay to sit in.

## Meeting Formats

Audio Only - <b>AO</b>	<b>PI</b> - Pitch/Electric Share
Beginner/Newcomer - <b>BEG</b>	<b>PW</b> - Pets Welcome
Book Study - <b>BK</b>	<b>QA</b> - Questions & Answers
Basic Text - <b>BT</b>	<b>RA</b> - Restricted Access
Candlelight - <b>CAN</b>	<b>SH</b> - Share meeting
12 Concepts - <b>CPT</b>	<b>SMOK</b> - Smoking
Creche - <b>CR</b>	<b>SPAD</b> - Spiritual Principle A Day
Chit - <b>CT</b>	<b>SPK</b> - Speaker
Children Welcome - <b>CW</b>	<b>STEP</b> - Step
Discussion/Participation - <b>DISC</b>	<b>SWG</b> - Step Working Guide Study
LGBT+ - <b>GL</b>	<b>TA</b> - Transcript Available
Illness - <b>IL</b>	<b>Ti</b> - Timer
IP Study - <b>IP</b>	<b>TOP</b> - Topic
It Works Study - <b>IW</b>	<b>TRAD</b> - Tradition
Just For Today Book Study - <b>JFT</b>	<b>VAR</b> - Format Varies
Living Clean Study - <b>LC</b>	<b>VO</b> - Video Optional
Literature Study - <b>LIT</b>	<b>VR</b> - Video Required
Men - <b>M</b>	<b>VU</b> - Venue unavailable on public holidays
Meditation - <b>MED</b>	<b>W</b> - Women
No children - <b>NC</b>	<b>WA</b> - Wheelchair Accessible
No pets - <b>NP</b>	<b>Y</b> - Young People
Parking Available - <b>PA</b>	

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## Sunday

Sunday 18:30 ~ 20:00	<b>Chelmsford Sunday Group</b> , Room at the top of the stairs, Open Road Chelmsford, 107-109 New London Road, CHELMSFORD, Essex, CM2 0PP	Physical, "Open to all", DISC, SPK, SH
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## Tuesday

Tuesday 20:00 ~ 21:10	<b>New Beginnings</b> , Open Road Chelmsford, Mansard House, 107-109 New London Road, CHELMSFORD, Essex, CM2 0PP	Physical, "Open to all", BEG, DISC, SPK, TOP, PA
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## Wednesday

Wednesday 20:00 ~ 21:30	<b>Chelmsford 12 Steps to Freedom Meeting</b> , Open Road Chelmsford, Mansard House, 107-109 New London Road, CHELMSFORD, Essex, CM2 0PP, <b>Zoom</b> <a href="https://meetings.ukna.org/meeting/chelmsford-12-steps-freedom-meeting/link">https://meetings.ukna.org/meeting/chelmsford-12-steps-freedom-meeting/link</a>	Hybrid, Open to addicts only, DISC, SPK, STEP, NP, NC, VO
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## Thursday

Thursday 19:45 ~ 21:15	<b>All Saint's Candlelit Meeting of NA in Chelmsford</b> , All Saints Church, Springfield Green, CHELMSFORD, Essex, CM1 7HS	Physical, "Open to all", CAN, VAR, SH
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## Friday

Friday 19:15 ~ 20:45	<b>The Friday Night Reality Check Home Group</b> , Open Road Mansard House, New Writtle Street, CHELMSFORD, Essex, CM2 0FY	Physical, "Open to all", BEG, TOP, NC, PA
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## Saturday

Saturday 19:00 ~ 20:30	<b>"Clean on Saturdays"</b> , Open Road Chelmsford, Mansard House, 107-109 New London Road, CHELMSFORD, Essex, CM2 0PP	Physical, Open to addicts only, SPK, NP, SH, NC
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