

UKNA Meeting List



Helpline - 0300 999 1212

Website - www.ukna.org

Open to addicts only meetings are for addicts only & those who suspect they have a problem.

"Open to all" meetings welcome everyone addicts or non addicts.

"Open to all" on request meetings allow non addicts to turn up early & ask if it's okay to sit in.

Meeting Formats

Audio Only - AO	PI - Pitch/Electric Share
Beginner/Newcomer - BEG	PW - Pets Welcome
Book Study - BK	QA - Questions & Answers
Basic Text - BT	RA - Restricted Access
Candlelight - CAN	SH - Share meeting
12 Concepts - CPT	SMOK - Smoking
Creche - CR	SPAD - Spiritual Principle A Day
Chit - CT	SPK - Speaker
Children Welcome - CW	STEP - Step
Discussion/Participation - DISC	SWG - Step Working Guide Study
LGBT+ - GL	TA - Transcript Available
Illness - IL	Ti - Timer
IP Study - IP	TOP - Topic
It Works Study - IW	TRAD - Tradition
Just For Today Book Study - JFT	VAR - Format Varies
Living Clean Study - LC	VO - Video Optional
Literature Study - LIT	VR - Video Required
Men - M	VU - Venue unavailable on public holidays
Meditation - MED	W - Women
No children - NC	WA - Wheelchair Accessible
No pets - NP	Y - Young People
Parking Available - PA	

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Sunday

Sunday 17:00 ~ 18:00	Sunday Night Experience , Church Hall, Seventh-Day Adventist Church, Fornham Road, BURY ST EDMUNDS, Suffolk, IP32 6AH	Physical, "Open to all", CAN, JFT, SPK, SH, BK, PA
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Monday

Monday 19:00 ~ 20:15	Experience, Strength and Hope , Quakers Meeting House, St John's Street, BURY ST EDMUNDS, Suffolk, IP33 1SJ	Physical, "Open to all", SH
Monday 19:30 ~ 21:00	Just For Today , The Library, Quaker Meeting House, 39 Fonnereau Road, IPSWICH, Suffolk, IP1 3JH	Physical, Open to addicts only, BT, JFT, SPK, VAR, SH, BK

Tuesday

Tuesday 19:15 ~ 20:30	Living Clean , Church Hall, Seventh-Day Adventist Church, Fornham Road, BURY ST EDMUNDS, Suffolk, IP32 6AH	Physical, "Open to all", LC, PA, WA
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Wednesday

Wednesday 19:30 ~ 21:00	Step & Tradition Meeting , The Green Hut, Seventh-Day Adventist Church, Fornham Road, BURY ST EDMUNDS, Suffolk, IP32 6AH	Physical, "Open to all", CW, STEP, TRAD, SH
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Friday

Friday 18:15 ~ 19:45	The No Matter What Club , Garden Room, Quakers Meeting House, St John's Street, BURY ST EDMUNDS, Suffolk, IP33 1SJ	Physical, "Open to all", BEG, CW, BK, PA, WA
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Saturday

Saturday 18:00 ~ 19:30	Share Meeting , Christopher Centre, 10 Gainsborough Street, Babergh, SUDBURY, Suffolk, CO10 2EU	Physical, "Open to all", BT, CW, SH
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