

UKNA Meeting List



Helpline - 0300 999 1212

Website - www.ukna.org

Open to addicts only meetings are for addicts only & those who suspect they have a problem.

"Open to all" meetings welcome everyone addicts or non addicts.

"Open to all" on request meetings allow non addicts to turn up early & ask if it's okay to sit in.

Meeting Formats

Audio Only - AO	PI - Pitch/Electric Share
Beginner/Newcomer - BEG	PW - Pets Welcome
Book Study - BK	QA - Questions & Answers
Basic Text - BT	RA - Restricted Access
Candlelight - CAN	SH - Share meeting
12 Concepts - CPT	SMOK - Smoking
Creche - CR	SPAD - Spiritual Principle A Day
Chit - CT	SPK - Speaker
Children Welcome - CW	STEP - Step
Discussion/Participation - DISC	SWG - Step Working Guide Study
LGBT+ - GL	TA - Transcript Available
Illness - IL	Ti - Timer
IP Study - IP	TOP - Topic
It Works Study - IW	TRAD - Tradition
Just For Today Book Study - JFT	VAR - Format Varies
Living Clean Study - LC	VO - Video Optional
Literature Study - LIT	VR - Video Required
Men - M	VU - Venue unavailable on public holidays
Meditation - MED	W - Women
No children - NC	WA - Wheelchair Accessible
No pets - NP	Y - Young People
Parking Available - PA	

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Sunday

Sunday 18:00 ~ 19:00	I Can't, We Can , The Back Room, Encompass, 19-21 Church Street, RUSHDEN, Northamptonshire, NN10 9YU	Physical, "Open to all", JFT, WA
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Tuesday

Tuesday 19:30 ~ 21:00	Just For Today-We Do Recover , The Nations Building, 42 Oxford Street, WELLINGBOROUGH, Northamptonshire, NN8 4JG	Physical, "Open to all" on request, BEG, BT, SPK, TOP, WA
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